

Script for Wednesday

Hi Rachael

Hi Avril. I think everyone's been still for a bit too long, do you?

Yes – shall we get them moving?

Can everyone get up and make a shape of the first letter of their name?

Thanks everyone

So, Avril, we've been invited to present today and share some learning from the last 10 years together, in 10 minutes...do you think we can do it?

Yes

But there are 2 challenges we are facing:

1. We're presenting on Microsoft Teams and I'm not sure Microsoft is adept enough to pick up the intonation in a voice of someone who has cerebral palsy. Shall we test it out?

Yes, Red Lorry, Yellow Lorry, Blue Lorry.

Heidi, I think we might need to cancel live captioning!

2. We are presenting to about 50 people who have never met us before and who we don't know. How do you feel about that?

It's fine, I've worked in SCOPE for nearly 25 years, I'm used to working with difficult customers.

How shall we start Avril?

Shall we show our video?

Let's show our video.

Show video (2minutes 40 seconds)

Avril, we've mentioned you have cerebral palsy and you also have a learning disability. What does having a learning disability mean to you?

Some things take me longer to learn and some things I'll never be able to do...like travel to new places without support.

(Speaking to the audience) To help you today we wanted to give you a recipe to take back to your setting...some key ingredients and a method of best practice.

Key ingredients:

A: Involve people with lived experience

A: Allow enough time

A: Be Patient (we've got a lot to say but we can't get it out quick enough)

A: Have an open mind

A: Bring a sense of humour

Method:

Pay people for their time and expertise.

Q: Who here today is being paid to be here? Thumbs up / thumbs down.

Slido quiz – How does this make you feel?

Avril do you agree with these statements?

Yes (pick a couple of examples)

For us, paying people for their expertise is a really important part of co-designing initiatives. So, find people and pay people with lived experience in your localities to help improve your provision. And you never know, you might get your very own Avril.

Involve people in the design and delivery from the start (a bit like Avril and I have done today).

Adapt your method to suit a variety of tastes. Do you think we've managed to do this today Avril? Just about

Don't forget to enjoy your co-production cake!

Show Bradley video

Now Avril, we've got 5 minutes where people can ask us questions. Are you ok to carry on?

Go-on, since you're paying me...